



# Spinning into 2017

**FUN!**

**All fitness abilities are welcome**



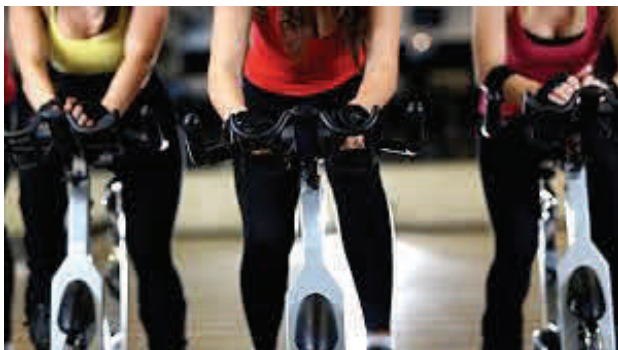
*Increase your cardiovascular  
Endurance and strength*

**Non weight bearing**

**Join us on Tuesdays and Thursdays at 5:30 PM  
Class begins on Tuesday January 3rd**

**1 class per week: \$22 members / \$44 non members**

**2 classes per week: \$31 members / \$62 non members**



For more information, call the YMCA at 812-988-9622  
or visit [www.browncountyyymca.org](http://www.browncountyyymca.org)



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